

# THE CONCURRENCE

# This Week's Consideration of a Famous Opinion

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One by one, exercises and experiments of the past have been replaced by new ones. Yet underlying esoteric principles remain unchanged; it is only that very gradually the student has become more adept in their use. With spiritual unfoldment has come increasing understanding and realization of that greatest esoteric principle—Unity

or Universality, expressed simply in this monograph as universal brotherhood. We quote from the work of a well-known mystic.

I submit that there can be no higher conception of divine knowledge—nay, that there can exist no higher wisdom, than that which is indicated in the word omniscience; that there can exist no greater power than is described in the word omnipotence; that there can be no broader conception of the all-pervasiveness of that wisdom and that power than is implied in the word omnipresence; and, finally, that the human mind can conceive of no quality or attribute of the divine personality of greater promise and potency than that implied in the words infinite and universal love.

-THOMSON JAY HUDSON, LL.D., 1834-1903

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To the Members of the Esoteric Hierarchy, Greetings!

A member recently wrote, "If I should make a list of all of the different exercises given to us to practice during the last two or three years, I would have a list that would take every minute of the whole twenty-four hours to perform." Undoubtedly a great number of you in this class feel much the same and are puzzled as to which of the many exercises should be continued and repeated week after week.

Many of the experiments or exercises given in past Degrees were intended to be used only during the weeks or months they were given. They were intended to do something for you necessary at that time. It is not necessary to repeat them now, except perhaps to perform some of them occasionally to see whether the effects are the same. It is in a sense comparable to studying music. From week to week you are given certain exercises in the form of scales or chords. They are to be practiced for a week or two and then you are given new ones. At the end of a year you have been given enough exercises to fill every hour of the twenty-four. Even though each of the exercises is good and beneficial at the time it is given, this does not mean that years afterwards you should continue to repeat it expecting that it will have the same benefit as at first. As you advance, the beginning exercises and practices that you had are replaced by newer ones because you are progressing beyond the point where the first exercises will be helpful.

Some exercises beneficial to health, mind and psychic development are just as beneficial any time you repeat them. For example, the exercise of concentrating on the thyroid gland. Reports during the weeks from members of this Degree who were using that exercise plainly indicated its great benefit. With most, a similar benefit would come if the exercise were repeated this week, next week, next month, or next year. Nevertheless, this does not mean that exercises even though good at one time, and still helpful, should be used in place of newer ones. The proper procedure is to use the exercise given each week and leave those that you had in previous months, except where you have found some exercise or practice which produced very interesting and fascinating results. You may repeat it occasionally, not only for the benefit that may come but also for the encouragement you will gain from noticing how much easier it now is to perform and how much stronger the results are.

The exercises you have had in the past months have been for the purpose of not only developing certain psychic faculties, but also of harmonizing all of the physical, spiritual, mental, and psychic functionings of your body. Your inner organism and mechanism is a very complicated thing, and each part, organ, and function of your body

must harmonize with certain rhythmic laws and principles. This is what constitutes not only good health, but also peace of mind and happiness, and a sense of security and contentment.

Before starting to prepare this monograph, I received a

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letter from a member of this class saying that the other night he and his wife discussed the fact that during the last five years their membership in the Order had produced in their lives a greater degree of contentment, peace, and understanding than they had ever had before. The ordinary things of life that worry, bother, and cause anxiety in the lives of most men and women had ceased to be a worry or to cause them any concern. He said that the difference in viewpoint regarding life, its mysteries, problems, and difficulties was one of the outstanding benefits received from their membership. The fact that each could close his eyes and go to sleep at night feeling that the day had been well spent, and that the next would bring new activities and new harmony, caused them more contentment and real happiness than anything they had ever experienced in their lives.

This Frater added another paragraph that I think is very important. He said, "If something were to happen in my business or financial affairs which suddenly brought a gift of twenty-five thousand dollars for future emergencies, I could not feel more secure and more contented than I feel today as a result of what I have gained and learned, not only through the monographs and exercises, but also through my membership in the organization."

This leads me to the next esoteric principle that I want you to consider. One of the finest references to this esoteric principle was contained in a manuscript which one of the old Rosicrucian Masters wrote—called In His Name. In this manuscript he referred to the fact that Jesus once said that where two or three were gathered together in his name, there would he be also. Jesus meant to convey by this that wherever a group of persons were of one accord, or in perfect agreement, and that agreement and harmony centered around him and his teachings, there the Christ principle of peace, happiness, and security would be made manifest. If we look at the records of the early Christians, their sufferings and martyrdom, we find that their great consolation was the fact that they could get together in perfect harmony in the name of the great Christian principle. This gave them a sense of security, peace, and protection that enabled them to face all of their trials and tribulations.

I remember well when I visited the catacombs in Rome, and in other places where the early Christians assembled in secrecy in underground passages hidden from those trying to destroy them because they embraced the Christian religion. I saw alcoves, niches, and places where these early Christians met, and lived for weeks and months at a time in secluded groups. They had to sacrifice much in the way of food, light, fresh air, and the enjoyment of all the privileges that we have. Denied

the freedom of the good earth, trees, grass, and a beautiful climate, they existed by candlelight, lived on meager food, with many disagreeable conditions. Yet they were in perfect harmony in regard to certain ideals and principles, and were bound together by Christian idealism in the name of one great

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symbol, the Christ. This alone seemed to sustain them and give them a strength of character, a peace and a power that puzzled their enemies.

The esoteric principle involved here is the fundamental principle of Cosmic attunement and universal brotherhood. Wherever we find among earthly conditions a group, or a nation of people, living in agreement and harmony with similar ideals, intentions and purposes, we find strong characters, happiness, and success. Wherever there are political or economic disagreements, we find war, suspicion, hatred, and envy. We also find people suffering from epidemics and pestilence, or suffering for want of food.

The minute the outer man, or the outer self, becomes harmonized with the inner self through perfect understanding, and perfect agreement, both grow stronger in character, happier, healthier, and more contented. The inner man is always attuned with Cosmic harmony and Cosmic principles. The inner self is governed, ruled, and controlled by the Cosmic laws of the universe, which are spiritual and harmonious. The outer self, however, becomes subject to man-made laws and the disharmony, disagreements, and unpleasant things of the material life. In the average individual, the outer self and the inner self are not united, or blended or harmonized. Millions make only a partial blending of the outer and the inner self on Sunday mornings when they go to church and commune with God or enter into a religious service. For an hour or two they lay aside their thoughts of the material world and man-made laws and enter wholly into a spiritual condition mentally and physically, and for that short time they are in harmony with the Cosmic and at harmony within themselves.

Those of our members who make daily contacts with the Celestial Sanctum have this same spiritual harmonious condition each day for a little while, and obtain great benefit to health and mind by it. There is no reason why the average, normal, healthy, or active individual cannot harmonize the outer self and the inner self most of the hours of the day, and certainly all through the night while he is sleeping. Rosicrucians may not always call upon Jesus the Christ or sit in meditation "in his name" in order to bring the Christ principle of harmony and peace into their lives; but they do bring peace and harmony into their lives through harmonizing the outer and inner self in the name of the Cosmic.

After all, the teachings and principles which Jesus the Christ taught were those of harmonious Cosmic laws created by God and revealed by Jesus. The Moslems, the Jews, or those of other religions may not call upon the name or symbol of Jesus in order to bring Divine harmony

into their lives, but most Oriental religions are based upon this Cosmic harmony even though they have no connection with

the Christian religion.

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fluence a Rosicrucian's religious affiliation. One should remain stead-fast to his faith, be it Christian, Judaic, Islamic, Parsic, Hindu, or other sects so long as in good conscience he can accept its doctrines. This does not mean to imply that one should not make a change if his evolving consciousness so dictates. However, those of every religion who retain an open mind will find additional enlightenment, harmony, and contentment in the Rosicrucian teachings by the blending of the consciousness of the outer and inner selves.

The foregoing explanation is another esoteric principle of which you should think whenever you sit in meditation in your sanctum. For this reason I recommended that you turn your thought inward and think of your inner self. This is making your outer consciousness harmonize with the inner psychic consciousness. When the two are united and harmonized in this manner, you become one individual, not a dual individual. Turning your thoughts inward causes you to become unmindful of material worldly conditions that are disturbing. You cannot then be conscious of wars, of unfortunate, man-made, economic, and business conditions. All you can think of is the peace, love, and goodness that reside in the inner consciousness. Thus your outer consciousness becomes a part of it for the time being. This has a beneficial effect upon every organ, upon the emotional and rhythmic functioning of your body, upon the nervous system and its energy, upon the brain and mind and their functioning. This is what the old mystics called "living the inner life."

For this coming week, and for a long time in the future, in addition to other exercises that you may be doing, or that I shall give you in future monographs, always take the opportunity every few days to meditate in your sanctum. Think of the Divine Consciousness, the Vital Life Force that comes from the Cosmic sources. Think of the Divine wisdom and power that reside within you. Think of all the harmony and peace that must be in this inner consciousness in order to maintain life in your body. Think of how you are attuned with the Cosmic through the inner self and attuned with thousands and thousands of other individuals who think and feel as you do, and who are living and thinking in the name of the Cosmic harmony.

May Peace Profound abide with each of you.

Fraternally,

YOUR CLASS MASTER



# Summary of This Monograph

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Below is a summary of the important principles of this monograph. It contains the essential statements which you should not forget. After you have carefully read the complete monograph, try to recall as many as you can of the important points you read. Then read this summary and see if you have forgotten any. Also refer to this summary during the ensuing week to refresh your memory.

- As you advance, the beginning exercises and experiments are replaced by new ones. These in turn will be discarded for others.
- ¶ Some exercises beneficial to health, mind, and psychic development are beneficial whenever used. Others may be repeated only as a means of self-testing.
- The exercises of the past months have been for the purpose of developing certain psychic faculties, and for harmonizing the body's physical, spiritual, mental, and psychic functionings.
- The esoteric principle taught by Jesus that where two or three are gathered together in his name, there would he be also, meant that there the Christ principle would be made manifest. The esoteric principle involved is the fundamental principle of Cosmic attunement and universal brotherhood.
- Harmonizing the outer self with the inner self has a beneficial effect upon every organ, upon the emotional and rhythmic functioning of the body, upon the nervous system and its energy, upon the brain and mind and their functioning.

